# Be Well Baytown

Building a healthier community together

**Be Well™ Baytown** unites the community to carry out sustainable solutions for positive, long-lasting changes in people's lives.

# OVERALL IMPACT

21	organizations represented on the Be Well Baytown Steering Committee
83%	of the Baytown community reached
94%	of Steering Committee members agreed that community collaborations and activities can be sustained over the long term
2,600+	hours of capacity building, technical assistance, project management and program evaluation provided by the Be Well Communities™ team

**22 evidence-based interventions** implemented in five target areas: healthy eating, active living, sun safety, tobacco-free living and preventive care.

"The overall design of the initiative is incredible, and I have no doubt others will use this model to change the face of their community in years to come."

#### — Lori Rumfield

Former Director of Community Impact, United Way of Greater Baytown Area and Chambers County





# **HEALTHY EATING**



1,209%

increase in food distributed through the Baytown Food System Network 6M+

pounds of healthy food distributed

670%

increase in mobile food fair events hosted

# **ACTIVE LIVING**



24,000

students benefited from a coordinated school health approach

2,000

people attended 11 Pop Up Park events

Four childcare centers improved their outdoor learning environment for

220+ children

35%

increase in number of days per week students played outside for at least 30 minutes

# **SUN SAFETY**



16,000+

people received sun safety information and resources 20

sunshades installed at city parks, schools and college campuses 12

sunscreen dispensers installed in the community

## **TOBACCO-FREE LIVING**



1

certified Tobacco Treatment Specialists trained

10,000+

students and staff given access to tobacco prevention resources through high school and college campuses

### PREVENTIVE CARE



24

clinics provided all recommended free immunizations to 583 adolescents, including the HPV vaccine

1,900+

cancer screenings provided

552 colon tests830 pap tests

**541** mammograms

# A special thanks to the Be Well Baytown Steering Committee

American Cancer Society • Bay Area Council on Drugs and Alcohol (BACODA) • City of Baytown • ExxonMobil • First3Years: Babies in Baytown • Fred Aguilar Promise Center • Goose Creek CISD Harris County Precinct 2 • Harris County Public Health • Harris Health System • Hearts and Hands of Baytown, a ministry of Iglesia Cristo Viene • Houston Food Bank • Lee College • Legacy Community Health Love Network of Baytown • OmniPoint Health • United Way of Greater Baytown Area & Chambers County • UTHealth School of Public Health • YMCA of Greater Houston